

Tong Ren

Anti-cancer Class



Tong Ren Anti-cancer Classes

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The research and educational arm of Tong Ren Healing

Location: 85 Essex St. Haverhill, MA. 01832 2nd floor

Time: Every Saturday 1pm – 2pm.

Charge: All the Tong Ren healing classes are free including the Tong Ren Anti-cancer class as well. Our doors are open to all to observe—just come, don't call! But we need and would appreciate your contributions if you are willing support our work and healing. The entire donation will belong to:

Oriental Culture Institute
And
OCI Healing Research Foundation, Inc.

Please don't call for with questions, just feel free to come! If you want more information, you can also speak with the patients in our classes—they love sharing their healing stories. Also speak with the Tong Ren practitioners who lead these anti-cancer classes. Go to our website: Tongrenstation.com or Tomtam.com



Tong Ren Anti-cancer Class

For the past 14 years we have successfully conducted our Tong Ren Healing classes. To date we have more than one hundred locations for these classes worldwide. Tong Ren Healing is based on Dr. Carl Jung's collective unconscious theory which holds that a collective-mind focus may form energy for healing. In the last ten years Tong Ren has healed thousands of people. The healing range is wide, including neurological problems associated with MS, Parkinson's disease, ALS and stroke as well as many terminal cancers and other difficult diseases.

On September 27, 2013, Tom Tam held a Tong Ren Healing class at a well-known hospital in Florence, Italy, with 175 people in attendance and an additional 250 people joining the class via our web cast. When Tom Tam returned from teaching Tong Ren Healing in Italy, he launched a Tong Ren anti-cancer class in Haverhill. Twenty people attended the first session and the level of energy or Chi in the class seemed amazing. Of course the news spread quickly and forty people attended the second class the following week. The attendance of the third class increased from the previous week. Why does this class attract so many people? Without a doubt, the Chi gathers all the people who are interested in an anti-cancer class.



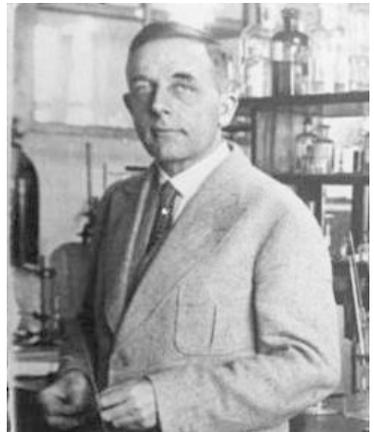
Tong Ren class in Italy

There are many theories about the cause of cancer and each theory holds its own principles for support and practice. However, it does not matter what theory people believe. Healing cancer and preventing cancer are not easy or simple pursuits. Indeed the rate of cancer in the world continues to grow each year. Before we heal cancer we must understand the theory behind Tong Ren Healing.

In the Tong Ren practice of healing cancer, we focus on four factors that may relate to the cause of it. If we can correct these four factors or blockages then the cancer may be healed:

1. Oxygen
2. Bioelectricity
3. Low frequency vibration
4. Long - distance signals

The first priority in healing cancer is to bring back the oxygen to a balanced normal condition. According to the Warburg Theory of Cancer or "Warburg Hypothesis", cancer cells carry a low level of oxygen. In 1924, Dr. Otto Warburg hypothesized that cancer, the cause of cancer and malignant tumor growth are due to the fact that tumor cells mainly generate energy by the non-oxidative breakdown of glucose. In modern medicine many experts believe that sugar feeds the cancer cells but they do not factor in oxygen deficiency. According to the Tom Tam Healing System, opening the blockage on the phrenic nerve in



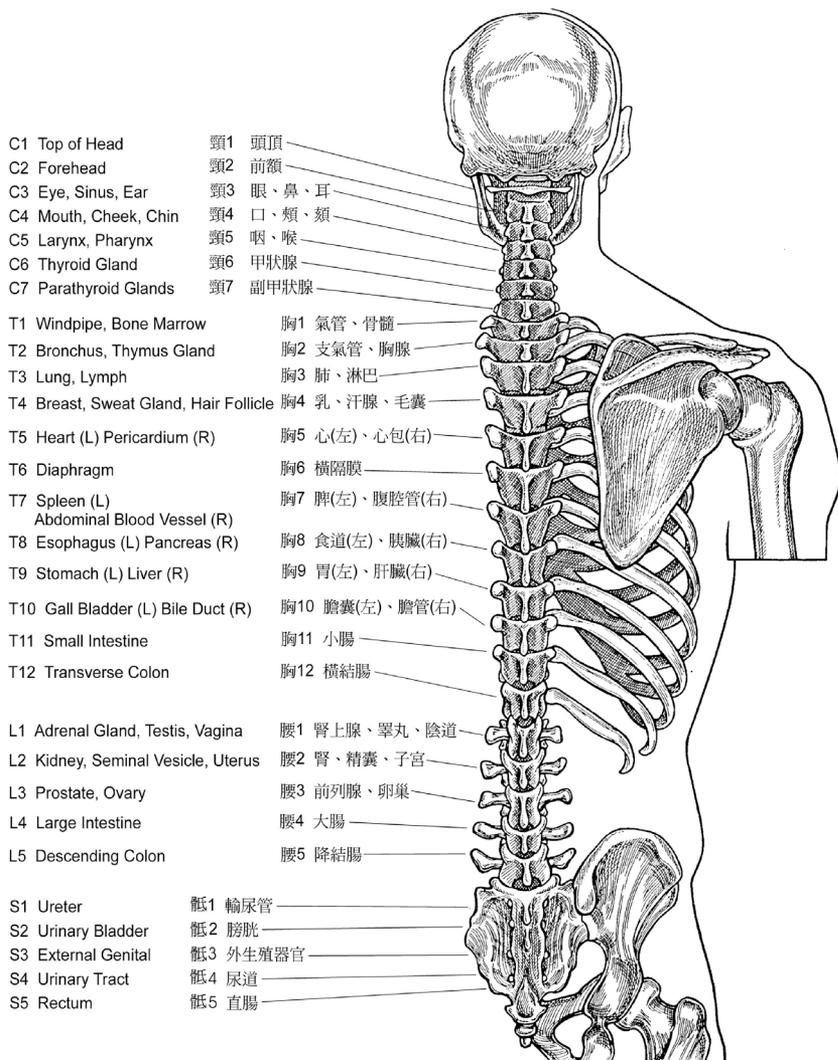
Dr. Otto Warburg 1931

the neck area corrects the oxygen problem. The most important way to open this blockage is through Tui Na or any type of massage. After the Tui Na healing, we can practice Tong Ren healing. Usually after applying Tui Na on the phrenic nerve the cancer patient feels better. More oxygen goes into the body or the feelings of discomfort from the cancer symptoms may lessen.

The second priority in healing cancer is to open the blockage that caused the bioelectrical problem. In modern medical studies all types of cancer cells carry a low voltage of bioelectricity. Although Western medicine discovered this happening within the cancer cell, no one determined how to charge or send the bioelectricity to the cancer cell for healing.

Any expert should know that any cell in the body carries bioelectricity like the battery in a cell phone. Some batteries can be charged and some cannot. In daily life we use batteries. Some are disposable and some are rechargeable. Stem cells last a long time in the body and should be rechargeable cells. The cell phone battery can last many years because it is a rechargeable cell. However it is not possible for a battery, even a brand new battery to continue to produce energy without being recharged. It is the same with the human body in that the stem cells from the time of birth cannot maintain their energy forever without a recharge. Through metabolism the cells in organs grow new cells to replace the old cells.

Why do cells carry a low voltage? We know that cell growth requires not only protein and growth hormone but also a bio-signal and battery charge. If a battery charger has low voltage then the battery will carry a low voltage potential. Another cause of low voltage is the resistance in the nerve. According to Western medical theory, the



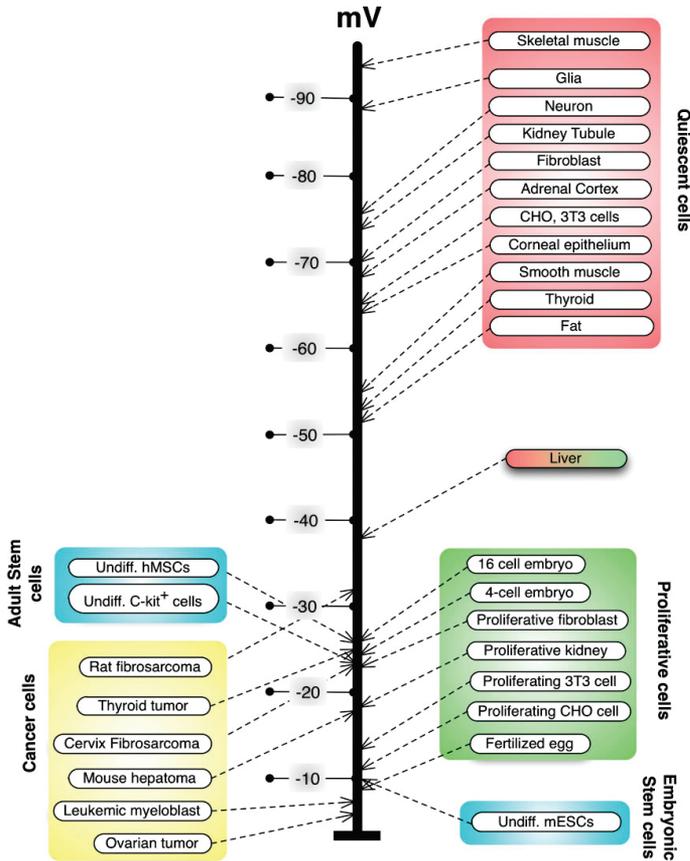
Spinal column point for healing cancer

nervous system only passes a biosignal from the chemical synapses and electrical synapses but it does not discuss the function of recharging the cells.

According to Tom Tam's theory the nervous system charges the bioelectricity to the cells. When the nerve has a high resistance then the voltage of the cells becomes low and carries an abnormal biosignal. Both the sympathetic and parasympathetic nerves control the function and movement of each organ. The sympathetic nerve follows the spinal column down to each organ. The parasympathetic nerve follows the neck along with the vagus nerve and connects to each internal organ. In most circumstances we can easily find the blockage in the spinal column area on the sympathetic nerve.

When people are in a relaxed condition, the brainwave is always in low frequency. Many people complain that emotional imbalance may cause cancer. Therefore when we heal cancer we always put people in a low frequency with the brainwave; we refer to this as the mind and body in balance.

The last factor relating to the cause of cancerous cells is the long-distance signal. In medical studies most experts pay much attention to the cell's structure and DNA. However in Dr. Levin's study he found that the cell's functions are affected by the long-distance signals which come from the brain. The brain is the source of the biosignal. Typically, biosignal means the biochemical signal. In Tom Tam's Healing System there is both a biochemical signal and a bioelectrical signal. The hormone is the biochemical messenger but without the function of the nervous system the hormones never work.



Control of cell behavior and pattern formation by transmembrane potential gradients. A sample of physiological measurements of various cell types (modified from [108]) reveals that quiescent, terminally differentiated cells tend to be strongly polarized while more plastic cell types (stem cells, embryonic cells, and cancer cells) tend to be relatively depolarized. Interestingly the liver's V_{mem} (abnormally low for an adult differentiated tissue) groups it with the morphogenetically labile cells, consistent with its remarkable regenerative potential. The relationship between V_{mem} and plasticity is a functional one; i.e., mature neurons can be induced to re-enter the cell cycle by forced depolarization (Levin). ("Prospects and Overviews Magazine, Molecular bioelectricity in developmental biology: New tools and recent discoveries" p206, Michael Levin, 2012). Citation Levin, M. (2012), Molecular bioelectricity in developmental biology: New tools and recent discoveries. Bioessays, 34: 205-217. doi: 10.1002/bies.201100136

The hormone's function is controlled by the pituitary gland and hypothalamus. Each single cell's growth requires the growth hormone. If the growth hormone is not normal then the cell's growth may be abnormal. So the growth hormone's function must be corrected to create normal cell growth function. In this cancer healing practice, many times the phrenic nerve and the autonomic nerve are not blocked but the patient's cancer cells continue to grow. In this case we believe that the growth hormone is still out of balance. So for healing we focus on the function of the endocrine gland for the source of the hormone.

The anti-cancer class may help people fight cancer and of course it can also help prevent cancer. In America one third of people will face a diagnosis of cancer at some time. This cancer statistic is rising each year. If a family has a son, daughter, mother and father then it means on average one family member will have cancer eventually. Another development from Tong Ren practice in the last 20 years is the training of more than ten thousand practitioners. The interesting point to note is the number of Tong Ren practitioners in the last twenty years who have been diagnosed with cancer. If someone would do the research, it would be surprising to find one Tong Ren practitioner with cancer in the last twenty years. Why does this phenomenon occur for Tong Ren practitioners? We cannot provide an answer for that. Maybe the benefit derives from belief, from the mind of collective unconscious or from the Chi. Whatever the reason is, when you join us then you too will find this phenomenon with Tong Ren healing.

Tong Ren Anti Cancer Class



Does the Tong Ren healing interrupt my beliefs?

No. There are two different categories of beliefs. One is religious belief, the other is scientific belief. While everyone in class has different religious beliefs, Tong Ren Healing is based on science; on Dr. Carl Jung's theory of the collective unconsciousness and super consciousness. In fact, many temples and churches use Tong Ren for healing because it does not conflict with their theories about the Creator, God, Spirit or soul.

Many members of the scientific community scoff at Tong Ren Healing. They forget the one main law of their field which is that any scientific theory is first based on observation. As of now knowledge about the collective unconscious is still limited by the slow evolution of scientific methods. The collective unconscious transcends what can be understood by science. Ultimately, alternative and complimentary medicines, including Tong Ren, are criticized. If you were a real scientist then you would not show fear of Tong Ren by subjectively denouncing and criticizing it but instead you would come to observe our practice during a class.

What do the Tong Ren anti-cancer classes cost?

All of the Tong Ren healing classes in the world are free and have been for the past 15 years. In order to promote this practice of healing we ask for people's support which includes community spirit and financial help. We are not looking to profit. We only ask for donations that are used for class related expenses such as pamphlets, facility rent and maintenance costs. All of our Tong Ren practitioners are volunteers and do not receive monetary gain from the classes.

Why does the Tong Ren anti-cancer class have more energy than other Tong Ren healing classes?

Indeed the Tong Ren anti-cancer class is the same as the other general Tong Ren healing classes. The Tong Ren practitioners use the same technique and the same philosophy. The only difference is in the unconsciousness of the cancer patients. When any person is diagnosed with cancer what first comes to mind is fear. Psychological studies show that fear comes from the unconscious survival instinct. Anger and fear express the fight-or-flight response. Fear is an unconscious condition that can trigger the energy to survive. We know when a mother is in a fearful condition she may jump out of a car to save her baby's life. A mother's response to fear can enable her to kill a tiger.

All of the cancer patients that attend the Tong Ren anti-cancer class unconsciously harbor the same fear and so do their family members. If we can channel this unconscious fear of survival as a healing power just imagine how strong it would be! The survival energy that is fueled by fear can form a collective consciousness. If we can combine the collective unconscious and

collective conscious then the healing power of the energy or Chi would be miraculous. Anti-cancer intentions would be most effective. The cancer patients do not need extra focus on healing since the unconscious mind never requires focus with the conscious mind. In comparison the people who attend other Tong Ren healing classes for general health problems or for weight loss are not in the same fearful and emergency state-of-mind as cancer patients so the power of the mind is not usually as strong.

How will people know they are getting healing results from the class?

Tong Ren healing is based upon science so the standard for measuring results is also based upon science. For example, with cancers you should refer to MRIs, CAT scans or biopsies from the medical exam to determine your progress.

Another way to see whether a patient is getting better or worse is just by how he feels. Many cancer patients during and after class say they feel better physically or psychologically. In fact many patients and their families only acknowledge how they feel. They are enjoying each day as a basis for their quality of life.

In the anti-cancer class, we insist medical exams be the standard to measure progress. Patients often share their medical reports with the class. You will find most of it to be good news; tumors shrinking or cancer conditions stabilizing.

With these positive results, patients often think the progress is because of the chemotherapy, radiation, vitamin or mineral supplementation, herbs or diet. We never want to debate the source of the healing results. The only healing law we follow is: better is better, worse

is worse. The root of the healing results does not matter. Just continue doing what you're doing. However we do question why we always hear good news and hardly ever bad news in the Tong Ren anti-cancer class. If we attribute this progress to Tong Ren then experts and scientists laugh and again ask for scientific evidence. But we Tong Ren practitioners laugh too. The only answer we can respond with is that these phenomenal results are just coincidences and luck like gambling in the casino. If people really want to know the answer to this coincidental phenomenon then why not come to observe first-hand what goes on in the Tong Ren anti-cancer class? Our doors are always open to everyone!

If someone has stage 4 cancer or is terminally ill then can he come to the class for healing?

Very seldom do we see the early-stage cancer patients in the class because the early-stage patients put all their hope on traditional healing or alternative healing. In our class most of the cancer patients are in late stage or terminal stage or even in hospice care. Usually they know about the Tong Ren healing but do not want to try a new system of healing until their doctors give up on them or tell them they are in terminal condition. In our class we never give up on any case or any condition of a patient. You will see many of the stage 4 cancer patients or those who are terminally ill recover to their normal lives.

Does Tong Ren belong to the placebo effect?

Many people laugh that Tong Ren is merely the placebo effect or the power of suggestion for healing and when people hear that Tong Ren Healing is for cancer

then it makes them laugh all the more. So what is the placebo effect and why do so many people laugh so much? The word placebo in Latin literally means, "I will please." Western medicine believes that the placebo effect is the measurable, observable or perceived improvement of a health condition where the improvement is not attributable to an actual medical treatment. A placebo as used in research is an inactive substance or procedure used as a control. To simply explain this concept Western medicine believes a placebo is a fake treatment. The phenomenon is confusing since often the fake treatment can produce a very real response that the actual drug treatment does not produce. If a fake treatment can heal then it means the treatment is not fake. The problem is our concept of healing. It is still limited by scientific knowledge.

With healing modalities some people are looking for the healing method while others are looking for results of healing. The methods and techniques do not matter as long as the healing is helpful and without any harmful side effects. Medical studies indicate that many times the placebo treatment can cause a change in brain hormones in the same way as a chemical drug treatment. So if a placebo triggers a release of endorphins which have a structure similar to morphine and other opiate painkillers and the endorphins act as the brain's own natural painkillers then why do we not study more about this? Many experts agree without denial or debate that the placebo works in some cases. The placebo's power is from the mind. It may produce brain chemical functions and create healing results without additional supplementation of any type of chemicals including herbs and food. So why do we not use this method for

treatment? The answer is because this is a fixed concept problem which begins as early as childhood in education. We are taught that only chemical drugs can heal diseases. When people hear of a different approach to healing besides chemical drugs they often scoff at the idea since their concept is limited solely to chemical healing. Indeed many scientists around the world focus their studies on the placebo effect and mind power healing. Instead of laughing at the idea of the placebo effect why not consider the possibility that some knowledge is missing?

Tong Ren Healing is a mind-power healing like the placebo effect and the power of suggestion. The difference is Tong Ren Healing can be practiced for animal and infant healing where the placebo effect and power of suggestion cannot.

Tong Ren Healing never denies other healing modalities. With healing sometimes people need chemical drugs but they may not provide a complete cure. When the chemical drug does not work then will you try to look for another way to heal or just continue laughing? Remember, the body not only has the biochemical effect. It also has the bioelectrical effect. The mind is a power for healing in ancient times and now.

Can people who have never been diagnosed with cancer join the class?

Our anti-cancer class is open to cancer patients, their families, and their drivers. We always welcome others to come to observe. If people do not have cancer then they should join our general healing class where we treat all

sorts of ailments and provide each patient with individual treatments.

The Tong Ren healing theory believes that more people attending the class creates more powerful healing energy. In the anti-cancer class we can have many people join but because they are limited to just one hour we cannot treat many people individually.

Typically about 20% of the class is the family, friends and drivers of cancer patients. They do not have cancer. Still they often say that they can feel the Chi or energy which can help in prevention.

When people join the class, should they stop other systems of healing?

In our class we never try to convince people to stop other forms of treatment. Our treatment comes from the belief of mind-power similar to prayer, Chi Gong, Reiki or other types of energy healing. Therefore this energy healing does not interfere with chemical forms of healing.

The Tong Ren system of healing believes that cancer is caused by bioelectrical blockages and imbalances in the nervous system whereas other healing systems focus on biochemical imbalances. Thus, many use chemicals to try to kill cancer cells or tumors. Patients can combine Tong Ren healing with other healing methods. Often they try our healing method because other methods are not working.

What should I do when I join the new class?

Many people wonder what they need to do when they join the class but there is no need to do anything except relax and listen to others.

Tong Ren healing is mind and energy healing that comes from the collective unconscious. The collective unconsciousness forms from the healing benefit. The best way to experience the benefit from healing is to attend the class then observe and study which is the scientific way. Many people want to question the new healing theory and technique when considering whether to try it. Tong Ren healing never depends on advertising, only on word-of-mouth testimony. In the Tong Ren healing class we can listen to the comments people make during the class about their healing experiences. The time after the class provides an opportunity for new people to talk to others in the class about their personal experiences which include healing results from doctors' reports. Usually we have many Tong Ren practitioners in the class available to talk to the new people who have questions or want to know more about the healing theory. In the Tong Ren healing classes, the doors are always open for anyone and everyone to join. If you really want to understand what we do, come to observe a class.

During the class how should I focus my mind for healing?

No one in the class needs to focus the mind. Just relax! Nothing is simpler than to relax without any focus. The Tong Ren practice is different from Yoga, Chi Gong, meditation or bio- feedback healing. The people attending the class should pay attention to what other patients say. It does not matter whether a patient's experience is good or bad. The information will be stored in everyone's subconscious memory. In Tong Ren Healing, the subconscious is the trigger for healing power. The healing power comes from the unconscious

which is triggered from the subconscious. The subconscious holds the life memory, experience and trauma. If the patient experiences benefit from the healing class then the patient's subconscious will store the positive result. If the patient has a negative result then the patient's mind will store the negative result as a permanent memory. The healing results others experience and share in the class may affect the confidence and decisions of the new people in the class.

When people refer to mind-focus, it usually means the conscious mind. In Tong Ren class the mind-focus refers to the memory and unconscious which eliminates the need to purposely focus the mind. Simply allow the memory and the unconscious mind to focus naturally.

In the Tong Ren class the patient only needs to focus the mind to listen to other people's healing condition. This is not a matter of brainwashing or the power of suggestion. Each and every case is the real life story from the Tong Ren healing.

Can Tong Ren healing detect cancer cells or tumors?

Tong Ren is only a healing method with power from the collective unconscious. It is not a diagnostic technique. Tong Ren healing never includes diagnosis of any disease. It clearly leaves diagnosis to the expertise of medical professionals.

Tong Ren belongs to the science of healing and all cancer healing standards follow the Western medical standard. To determine the condition of cancer cells or tumors, we always rely on the CAT scan, MRI, biopsy or blood test. Remember, the Tong Ren practitioner can

only locate the blockage on the body but can never determine the location of cancer cells.

When people join the Tong Ren class, should they stop or decrease the treatments from their doctors, such as the chemotherapy, radiation or surgery?

Tong Ren Healing never interferes with the treatment prescribed by a doctor to a patient. In fact in the Tong Ren anti-cancer class many people continue to use chemotherapy and radiation. Of course many other people in the class refuse to use any conventional medicine and prefer to use alternative or complementary medicine. If people want to learn more about a particular medical treatment then they should do their own research.

Patient use of chemotherapy or radiation for cancer healing is a decision made between the doctor and the patient. We never convince anyone to make a decision.

Should cancer patients undergoing chemotherapy and radiation healing attend Tong Ren classes?

Yes, if the cancer patient is able to make it to class either by walking in on his own or with the support of a caretaker. Why not? He has nothing to lose and only Chi to gain.

If a patient is too weak to physically make it to class then he can join us on the website or by distant healing over the telephone. We never pass up any chance to help people and we also never give up on any case. In the last ten years many major hospitals have offered acupuncture and Chi Gong healing for relieving the side-effects from chemotherapy. The Tong Ren class is for mind and

energy healing. Even healthy people can practice Tong Ren for maintenance and prevention.

Should I buy the Tong Ren Wave machine or the Tong Ren doll and hammer?

You are not required to buy anything. Tong Ren wave machines, dolls and hammers are free to use while in class. The energy in the class is already healing but many patients want to get more healing results so they purchase equipment for their own practice at home. The reason people buy the machine, doll or hammer is because of the benefits they receive from the healing. Remember Tong Ren is a way of healing but never a chain for financial profit.

For beginners the most important thing about Tong Ren Healing is the results they receive. In order to get the most healing benefit, they should come to class often. If they cannot come to class then they can join the Tong Ren website for healing from the comfort of their own homes. We also offer telephone distance healing. Please visit www.tongrenstation.com or www.tomtam.com for more information.

I have joined the cancer support group in a hospital. Do I also need to come to your class?

There is no comparison of a cancer support group to our Tong Ren Healing therapy. It is like comparing apples and oranges since the two concepts are so different. Most of the cancer groups support the mind, soul and spirit but the Tong Ren class opens the blockage by mind-power for healing benefit. The cancer support group encourages cancer patients to become more candid

about their feelings, fears and frustrations with psychological and emotional problems.

No matter which type of cancer support you choose, remember that emotional support and care is just as important as physical care. Maintaining a positive outlook on life and being optimistic is the goal of support groups which makes the cancer journey a lot easier. Western medicine offers the support group for cancer healing. Tong Ren also offers the cancer group for healing. You can join both types of healing classes to determine which one is best for you.

Can I talk to someone who has been healed by the Tong Ren class?

If you can come to observe the class then you will automatically find people to share their healing experiences. If you are not able to attend a class then you can ask a relative or friend to join the class for you to talk with the others. Our door is open to any one who needs help.

Can Tong Ren help my rare form of cancer?

Many patients in our class are diagnosed with rare forms of cancer. Tong Ren healing does not believe in rare forms of cancer. Cancer is a cell problem. The theory of cancerous cells is never different than the theory of other normal cells.

It does not matter what form of cancer we are discussing. The root cause is the same. It is the imbalance from the oxygen, bioelectricity, low-frequency vibration and long-distance signals. In the

Tong Ren Healing class we treat the "rare" cancers the same way as we would treat the common forms of cancers and the healing rate is the same.

Besides Tong Ren healing, do you offer another way of healing?

Tong Ren is only a part of the Tom Tam Healing System. In cancer healing the most important theory to understand is the cause of the cancer. In the Tom Tam's theory, the blockage from the nerve system causes the cancer. To heal any type of cancer it is required to open the blockage(s). In order to open the blockage we can use Tong Ren Healing but acupuncture and Tui Na is effective too. According to our healing experience, some blockages are easy to open with Tong Ren Healing but sometimes we need to use Tui Na to open them because the blockages are too hard to open and require physical power.

In the Tong Ren healing class, many of the Tong Ren practitioners are willing to offer acupuncture and Tui Na depending on what each individual needs. Please feel free to inquire about more information on acupuncture and Tui Na after or before the class.

How often should people come to attend the class?

This depends on each individual case. In our theory we believe the more classes you attend the better chance of your being healed. If an individual has a terminal condition he should attend class more often. Some people are of the mindset that Tong Ren is a miracle. One class can heal everything and the cure is immediate. Tong Ren believes in scientific study. Sometimes we observe a healing that seems miraculous but it is very

rare. We never suggest one class will cure everything. Every type of healing needs time as the body's cells metabolize with time.

In our practice some cases need to receive healing 24/7; non-stop stimulation by attending Tong Ren class and using the Tong Ren Wave machine. We advise patients that are not serious cases to attend classes once or twice a week. For patients already diagnosed who are considered healed or cancer free according to their medical doctor we still suggest they continue to attend classes once every month or two.

Sometimes people are not able to attend the class then we invite them to practice Tong Ren distance healing via the telephone or web casts.

Many cancer patients have been healed. Should they continue to attend class?

Although cancer may be healed, it does not mean that it will not be recurrent. In the class many patients are diagnosed by their doctors and confirmed that they are cancer free. The tumor has shrunk or the cancer is stable. However, modern medicine never confirms people as completely cancer free because they require monitoring patients for five years which is referred to as 5-year survival. Now many experts want their patients to follow the 10-year survival watch. After breast cancer patients have already had surgery and chemotherapy treatments, their medical doctors prescribe an anti-estrogen drug, Tamoxifen, as a hormone blocker for five years. The breast cancer patients still have the risk of developing cancer of the uterus and they also have the high risk of side-effects from the drug which include; deep-vein thrombosis, blood clots in the lungs, stroke, cataracts,

and some minor side effects including; hot flashes and mood swings.

With Tong Ren Healing, even if the patient is diagnosed cancer free or stable, we still follow the medical standard that requires a five-year watch. Of course we suggest the patient does not need to join the class often but should keep coming once a month or once every three months. In the class, many people attend only for prevention. Some people join the class to share their healing experience after they have been diagnosed cancer free to encourage other cancer patients.





Theodore Box

To whom it may concern,

In October, 2013 I was diagnosed with Oropharyngeal, HPV-16 Cancer, and a 10 millimeter growth on the base of the tongue. The symptoms that I had been experiencing were as follows:

Swollen Salivary gland on left side.

Swollen lymph gland on left side of neck, between salivary gland and hyoid bone.

Continual sore throat on the left side.

It was recommended that I undergo radiation therapy but after careful consideration I decided to forego that option. I had been recently made aware of Tom Tam's cancer treating protocols and made an appointment to see him.

The first visit consisted of having my history taken then a treatment of acupuncture and Tui Na massage. Both the acupuncture and Tui Na massage targeted the areas of the Phrenic and Vagus nerves as well as other locations on the head, neck, back and legs. The areas in proximity to the Vagus and Phrenic nerves were extremely sensitive. The Tui Na massage caused a fair degree of pain. After the above, I took part in the

“tapping” session. This consisted of Tom Tam and several others tapping specific points on a male plastic doll.

The tapping would have evoked significant skepticism were it not for the fact that I was overwhelmed with an energy that rose through my body culminating in my neck and head. It was so intense that I almost fled the room but resisted that temptation and allowed the energy to relax my body. It was the first time I experienced such intense energy although I’ve been practicing internal martial arts for forty years and teaching Tai Chi for twenty years. I assume it was Chi as it had the same qualities only magnified beyond anything I had experienced in the past. I also felt heat in my face, tingling and fullness in my hands and an overall feeling of well-being once I realized the energy was benign.

The results of that first class were as follows:

The sore throat diminished to point that I’m not aware of it most of the time. This was an immediate effect.

The swollen salivary gland reduced in size.

My diaphragm relaxed and my breathing dropped to the belly allowing me to breath in the same manner as a baby. This was also sudden and dramatic. The salivary gland has continued to reduce in size and the sore throat has remained all but an occasional mild reminder.

Other conditions that had been bothering me, not related to the cancer, were the complete loss of sense of smell and excessive belching not associated with acid reflux. My sense of smell has been returning steadily over the several weeks of Tom Tam’s treatments and the belching has reduced to less than half its previous frequency. These problems had been ongoing for ten years and all attempts to alleviate them had failed.

I'm going for a check-up in mid-January with my Ear-Nose-Throat doctor to monitor the effects of the therapy.

In closing, one of the things that has a very positive effect on my outlook and I believe is helpful to healing is the camaraderie and testimony of so many patients. Many were sent to hospice care. Their cancers have been healed or are in remission due to Tom Tam's healing protocols. Forty people in one room, all with two things in common; healing from all varieties of cancer, (including some that are nearly always terminal) and having the benefit of Tong Ren leaves little room for coincidence.

I give this testimony in the hopes that others may find relief from their conditions through this gentle and efficacious treatment.

Theodore Box

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E-mail: tedbox91@gmail.com

Lynne Connolly

“I was 99% cancer free”

In October 2011, I, Lynne Connolly went for a routine eye exam. I was told by the optometrist that I had a lesion on my right eye and I would have to see a retina specialist. They called me with an appointment in November to see him. He did some testing as well as an ultrasound and told me I had a 12 x 14 centimeter Melanoma in the retina. He said he worked with a retina specialist at Mass Eye and Ear who developed proton radiation specifically for this in the 70's and I need to

make an appointment with him. I had to at first digest the information. I could not quite believe what I was being told. The Doctor proceeded to call me the next few weeks to see if I had made the appointment for Mass Eye and Ear. In the meantime I told Tom Tam what had happened and that I needed help. It was just about that time Tom Tam came up with the new points in the Brain. He proceeded to put needles in my head every week, Sundays and Mondays, after the Tong Ren classes. He said don't worry. I finally made the appointment for January 3, 2012 in Mass Eye and Ear. On January 2, Tom Tam put needles in my head. He then did the 5:00 Tong Ren class as usual. After class I said to Tom that my appointment to see the retina specialist was the next day. After class Tom did his Chi finish. I was sitting in the first row. I felt like someone put a hot poker in my right eye and felt a great deal of energy. Tom looked me right in the eyes and said, "No cancer". I said, "Well, we have something to teach the doctors." The next day I had another ultrasound and OTC test and a fluorescein angiogram. I saw the retina specialist and he told me I was 99% cancer free. I told him about Tong Ren but he seemed to brush me off! He told me if the tumor was cancer I would have lost the eye and had proton radiation.

I will always be forever grateful to Tom Tam for his brilliant mind, for the master he is and for developing an incredible scientific system that continues to heal thousands upon thousands of people and is literally changing the world.

Lots of Love & Gratitude.

Sincerely, **Lynne Connolly**

Joyce Chong

January 29, 2014

Dear Tom,

Thank you for helping me become an improved version of myself. These last 15 months have been an amazing journey of healing and transformation. I experienced the spectrum of Tong Ren Therapy and acupuncture, Tui Na, general and anti-cancer healing classes and the various ultrasound wave healing devices. I am learning more than I can say. I am feeling better than I thought possible. I am grateful to you and the Tong Ren community.

In December 2011, I was diagnosed with breast cancer recurrence in my right lymph nodes after 14 years of remission from my original diagnosis in February 1997. At the time, in California, I chose to have a mastectomy foregoing chemotherapy, radiation, and hormonal treatments. Two compassionate and gifted people, a Chinese acupuncturist/herbalist and an energy healer helped me heal.

The breast cancer recurrence was very stressful and anxiety provoking as it happened a few months after my relocation to Boston. I was filled with anxieties, fears, and self-doubt. I questioned my original decision of not choosing the conventional treatment protocol.

The first oncologist I saw in Boston was formulaic in his approach. His message was that I would get worst if I didn't follow the conventional protocol of chemotherapy, radiation, and hormonal treatments. I reconsidered the conventional route. I reread many books about alternative treatments for cancer as well as visualization techniques with conventional treatment. I decided to have some lymph nodes removed but knew that it was only a

temporary solution. In the final analysis I could not reconcile using chemotherapy, radiation, or hormonal treatments. I changed my oncologist but I did not and could not change my mind despite the good intentions of the doctors. Fortunately my primary physician and the breast specialist/surgeon are experienced and thoughtful individuals who respected my decision.

It was my good fortune when I heard about you from a woman who also has breast cancer. She was concerned that I was delaying my treatment. Of all the treatments she talked about, I felt an instant curiosity when she described you and your Tong Ren healing classes.

On 8/28/12 when I had my first acupuncture appointment with you I noticed a distinct difference in your waiting room. People were smiling and laughing as they were speaking openly about their conditions. Many had terminal cancers and shared how they were getting better with shrinking or disappearing tumors.

After acupuncture, you encouraged me to go a healing class. While you were in Florida, I went with a friend to the Spaulding class. Again, it was a curious experience where each person described their health condition and requested help. There was an openness to share rather than to hold in one's worst experiences. My friend had recently fallen and exacerbated his carpal tunnel so that he could not hold a pen to sign his name. He put in his request to Lynne and Yvonne. He felt relief to his wrist. You led the class in Quincy where I first heard incredible healing stories. I was so touched that I cried when I heard a man with stage 4 esophageal cancer with 3-6 months to live report that his medical scans showed that he was cancer free.

Each class has such a motley group of people from

diverse backgrounds who come with a desire for relief from minor ailments, to reversing to life threatening conditions and terminal cancers. Some individuals used the full conventional medical protocol and needed help with the side effects, while some individuals chose to do the opposite. The more classes I attend, the more astounded I become. However inexplicable, there was definitely something powerful and unique happening. Now I realize I have been personally transformed. My fears and anxieties are replaced with calmness and optimism. My discomfort about illness and disease are replaced by compassion for and a desire to help others.

A year ago, I felt ready to address my greatest fear of telling my son about my cancer recurrence. Seventeen years ago, he was 10 years old and traumatized. Naturally, my son was again terrified since his worst fear of me having a cancer recurrence had come true. He also thought I had lost my mind since I tried to describe my Tong Ren experience with my doll and hammer in hand, a blinking headset on my forehead! He was reassured when he met you. After attending a healing class in Quincy, he pronounced: “Tom is the real deal- 真傢伙.”

After multiple mammograms, ultrasounds, CT and PET scans, the oncologist said she thought my cancer would have spread since I did not elect to use chemotherapy, radiation, nor hormonal treatment. During the September 2013 follow up, the oncologist said the cancer cells appear *indolent*- slowed down to where I'm stable. Not much has changed on my most recent follow up this January. One lymph node is ½ cm smaller, one is ½ cm larger, and one has remained unchanged. Both the surgeon and the oncologist felt that I was “stable-ish”. Stable and ‘stable-ish’ are good for me.

Both my surgeon and oncologist have heard of you. They are mature and compassionate physicians who have clearly articulated their medical advice. I am grateful they respect my choice to use Tong Ren therapy as they continue to follow up with me. The oncologist said that there is more than one way to skin a cat.

My breast cancer has been stabilized and an array of other conditions has improved. My insomnia; restless leg; eye floaters; and pain in my right scapula, hip and knee from prior accidents have greatly diminished. Another positive Tong Ren side effect is hair growth on a bald spot from a childhood accident on my forehead.

I have directly heard amazing healings in the Quincy, Spaulding and Haverhill classes. All the classes give me an incredible boost of chi/energy. The anti-cancer class in Haverhill is truly unique because it brings together all of us who have cancer. There is a strong resonance as if we were all ringing bells with the same sound to clear out all our cancers. It is a wonderful and unifying feeling. I know I am healing alongside everyone else.

I have been the beneficiary of your various ultrasound healing devices. I don't understand them but I know I feel better, calmer, sleep better, and have less anxieties, fears, and negative thoughts when I use the devices. The devices allow me to extend and enhance my sense of well being from all my Tong Ren experiences.

Thank you Tom for sharing your incredible gift of healing. You heal with your intuition, chi, humor, teachings, and innovative machines. You are compassionate and generous to everyone. May all the wonderful generosity you give get reciprocated back to you.

Pamela Alberts

I have been attending Tong Ren classes for the past five months. I was diagnosed a month before with recurrent leiomyosarcoma in my left scapula with intense radiating shoulder and arm pain. I was taking 30 mg of Oxycontin twice a day. After going to my first Tong Ren anti-cancer class, my pain significantly decreased and I immediately discontinued (Oxycontin) usage.

I had twenty-one aggressive radiation treatments. My side effects included vomiting during the first two days, followed by nausea and fatigue for much of the duration. After one Tong Ren class the nausea subsided, my strength increased and my face had healthy color in it again. In addition the skin that was radiated around my scapula and in front of it was bright red and returned to normal surprising quickly.

I went on oral chemotherapy and after a recent blood test my white blood cells decreased to 3.6 and my red blood cells increased to 4.75. After one Tong Ren class my white blood cells went up to 4.8 and my red blood cells went down to 4.26. I recently began another medication to enhance the effects of the chemotherapy. When I had blood work two weeks later, my platelets had significantly dropped to 89,000. After two weeks of Tong Ren classes, they increased to 116,000. In addition my basos was 2 and decreased to one and my glucose was 100 and went down to 87.

After using the Tong Ren machine for a month at work and when I sleep, I lost twelve pounds without changing my eating habits or exercise routine in any way. I have not gained back any weight after three months. At the age of 17, I weighed 122 and felt it was a very good weight for me. I now weigh 110 and feel wonderful. I

never thought it was possible to weigh any less especially many years later and without any effort. I also sleep more soundly using the machine.

I read an article about the miraculous results of Tong Ren and attended my first class the next day without really knowing what to expect. I am extremely grateful to have found Tong Ren. The classes are very uplifting and the participants' results are astonishing; one after the other. My sense of well-being has improved dramatically. Having had a lot of anxiety about my diagnosis initially, my confidence in my outcome could not be more positive.

Patricia Bozarjian 1-5-2014

A year and nine months ago I was diagnosed with Stage IV lung cancer. The primary tumor being in my right lung with metastasis to my left lung, my thyroid gland, both adrenal glands and my left arm. My doctor at MGH told my family and me that without chemotherapy I had about 2 months to live. Being an RN I knew that statistically, even with chemotherapy, life expectancy with Stage IV lung cancer was, at best, somewhere around 8 months. I was 66 years old, recently retired, busy with my precious family (including 4 grandchildren whom I adore) and my first thought was that I didn't have time to die.

Besides having a wonderful and supportive family I have a close network of friends whom I started to reach out to. When I told my dear friend Bonnie about my diagnosis she said, "Oh you have to see Tom Tam." I asked her "who or what" that was and she simply said, "It's too hard to explain, I'll just take you there." Even though both of us are nurses and have worked in

conventional settings we've always been open to alternative therapies, so I had no qualms about going along. When I got there and saw a group of people tapping on dolls, I realized that although this was not what I had expected, the theory behind it; Jung's collective unconscious and the idea of directing energy or chi was something that I had studied and believed in. After experiencing my first session I felt BETTER--lighter somehow, and I started going to sessions twice a week.

Even though I had always said that if I ever got cancer I would never take chemotherapy I started treatments immediately and had horrible nausea and vomiting. After starting Tong Ren all but some very mild nausea disappeared. Recently, I missed Tong Ren for 2 weeks and found myself nauseous for most of that time. Early on, after diagnosis, I was experiencing pain in my left arm which I mentioned during a session. As usual Tom had the group tap for the cancer in my body, but did extra tapping for my arm. Later, just before the end of the session I felt a pulsating sensation at the top of my arm. I actually thought I must be imagining it. However, the pain went away and I haven't had any pain since.

I don't always know what to make of it, but I do know that I am alive today, I feel good, people tell me that I look well, and every time my doctor gives me the results of my CAT scans she uses the word "miracle". My CAT scans show a fifty percent decrease in the size of the primary tumor, no new growth and the nodule on my right adrenal gland has disappeared.

I do think that there is a place for conventional medicine, but we have become complacent in our dependency on drugs as the only healing option. I am so

thankful for Tom Tam's dedication to opening another avenue to healing. Hopefully other pioneering geniuses will have the courage to follow suit.

Jim E.

My two year experience with the Tom Tam Healing System.

I agreed to write a testimonial for Tom Tam for his new cancer brochure when I heard him asking for some during one of his new Tong Ren classes that are dedicated solely to cancer. Tom has always been so helpful to me and on that basis alone I would do anything I can to help him. What really struck me however is how he said he would even take and print "bad" testimonials. I have found Tom to be such an honest and open person, who believes in just putting the facts out there and letting his healing system get judged for what it is, by word of mouth and by people's experiences, whatever they may be. To me, he is such a class act and I can't help but think how much better off this world would be if we had more people like him.

My reason for starting the Tom Tam Healing System two years ago is that I have multiple recurrent, metastatic, stage IV liposarcoma cancer. The western medical doctors say they have no cure for my disease. I was first diagnosed with my disease and an 18 cm tumor six and a half years ago when my wife was seven months pregnant with our second child. Upon learning my diagnoses, I never thought I would live to see my son born or see my children grow up. I felt sad for my wife who I figured would have to raise our children on her own. I felt sad for my children who I figured would have to grow up without their father.

I must say it has been a rough, stressful and exhausting journey. One which in many ways I wish I was never part of. But then I think how if I had never experienced my disease how I would never have met all of the wonderful people who have helped me along the way. Without my disease, I likely would never have learned about the Tom Tam healing system and learned about ways of preventing, healing and reversing disease. All of which I am now able to pass along to my family, to better insure their health and happiness. In these regards I am grateful for my disease because to me the health and happiness of my family is what matters most. I am very grateful for having met Tom Tam and having met so many good, kind and helpful people in the Tong Ren community.

My first surgery six and a half years ago was a success in that the tumor was resectable with good margins. I must say that my surgeon is very skilled and it is still amazing to me how she was able to resect such a large and invasive tumor. The cancer came back a year and a half later however, followed by another surgery and then another re-occurrence and so on six times now. I am very grateful for western medicine, my doctors and their diagnostic tools. I am very grateful for my skilled surgeons and their medical teams who have kept me alive the past six and a half years. I am glad to have had the option of surgery as it has kept me alive and given me the chance to be part of my children's lives. Unfortunately western medicine doesn't have a cure for my disease. The repeated surgeries have only been able to treat my disease like a chronic disease, taking out the tumor each time but not able to cure or solve the underlying

problem. No matter how successful each surgery has been, a tumor has grown back again each time.

A problem I am now faced with is after all the surgeries I am running out of intestines and organs to allow many more surgeries. That is, with each recurrence and eventual surgery I lose an assortment of intestines, organs, parts of organs or other soft tissue as collateral damage to the cancer. All of the surgeries have left me with chronic digestive problems and significant fatigue. All of these surgeries have really taken a toll on me. Unfortunately there is no chemo therapy available that cures my disease. The best they have to offer only provides positive results for a subset of people and in those cases typically only stops or slows down the cancer for a matter of months if that. Everyone who undergoes the chemotherapy, be it beneficial or not suffers the side effects however.

I started Tong Ren two years ago by trying out a few group healing classes and attending a two day seminar Tom was teaching. I must say the first time Tom worked on me during a group Tong Ren session it was amazing. It was for less than sixty seconds and from across the room. I was ready to experience some warmth or tingling as I had heard and read about. But what I felt was a burst of energy seemingly enter my body and swoosh around my abdomen from one ouch point to another. It was like the energy knew where to go. I continued my Tong Ren treatments by attending one to two Tong Ren group healing classes a week. I later added Tui Na, acupuncture, Tai Chi, Qi Gong and private distance energy healing sessions through Tom's various practitioners.

This past year, I started to regularly use Tom's Tong Ren Ultrawave Therapeutic Healing devices which are a combination of his brain waves recorded while performing healing and sound waves played through small speakers. I must say that I feel a considerable amount of warmth and Chi flowing when using these various devices. I get the most results from using the Benson headset over the Insular Cortex and GB19 points. I also get a lot of results from using the more recent Stationary Tong Ren Wave Healing device, which plays the same Neocortex 8Hz to 20 kHz MP3 file but you place the device across the room from you with no physical contact with your body. With the later, I set it five to ten feet away and after a short while I feel a warmth around the ouch points where the cancer and surgeries have been. It took a little getting used to sleeping with the sound but now I have come to like it and I leave it on all night as well as for part of most days.

During the two years I have been attending Tong Ren healing classes and using the rest of the Tom Tam healing system, I can say I believe it has helped in alleviating my symptoms and helped me better recover from my surgeries. Everyone has told me I look better than before and I know those complements started soon after I started Tong Ren. Unfortunately, I have still had two re-occurrences and two surgeries during the same time period, with the ongoing recovery from the most recent surgery being by far the toughest yet. Of course, I don't know how much worse off I might have been without Tong Ren and I have no intentions of quitting Tong Ren to try to find out. Tom had told two years ago on that when treated with Tong Ren, that sarcoma cancer tends to come back a few times and then stop. So I never

expected an instant fix and to me it just means it will take some more time. I much prefer to remain positive and hopeful versus believing there is no cure for my disease and that I won't be around much longer. I believe Tong Ren has helped me remain positive, helped me recover quicker and helped me feel better. If that alone is all I get out of Tong Ren, I am still grateful and I deem the effort as well worth it. The positive benefits I have received so far have only convinced me to continue on with something I know has helped me. I look at each day that I am still alive as a blessing and as a success. I have no plans on giving up.

An interesting point regarding my most recent surgery is it was a tough surgery and recovery with my hospital stay lasting almost two full months followed by a month of home nursing visits. One of my doctors repeatedly told me during my recover during rounds each morning that considering what they had to undertake during the surgery that the surgery and the recovery worked out as good as could possibly be expected. Judging by what a hard time I had, my doctor's words make me think I am lucky to be alive as if what I went through was "Things working out as good as could be expected", I wouldn't want to experience anything worse. I believe that all the Tong Ren treatments, therapy and Chi that I built up before the surgery helped improve the outcome of the surgery and helped the recovery move forward as well as it did. I believe all the distance healing sessions I received during my recovery helped promote my recovery as well.

During the course of the two years I have been doing Tong Ren, I have been tapping for myself and I have developed the ability to feel the same type of sensations

when working on myself as when others work on me. I encourage every Tong Ren participant to work on themselves or at least work on each other, their spouse, family and friends. I have found that the more I do it the better and more forthcoming the results are. I have found that using the Benson Headset and Stationary Tong Ren Wave Healing device in combination with any type of Tong Ren session magnifies the results I feel. I believe that using the Tong Ren Wave devices create a sense of relaxation which is important for healing.

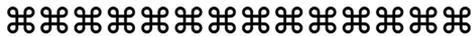
I have been told by Tong Ren practitioners that energy follows thought. Whenever I start dwelling on fearful scenarios I acknowledge what I am thinking and I then dismiss the negative thought and replace it with a positive thought, such as being around to raise my kids and I envision spending time with them. I try to live in the moment and if I start experiencing a bad moment then I create a good moment in its place. I try to stay focused on the good stuff, I count my blessings with gratitude and appreciation and I delete any negative thoughts. I find that thoughts are habit forming and that the more negative thoughts I dwell on then the more negative thoughts I tend to have. Likewise, if I delete the negative thoughts and replace them with positive thoughts then those positive thoughts are also habit forming and are the habit I want to promote. I don't think I put enough emphasis on this until recently and I believe it will make a difference going forward.

***These websites have useful information
about Tong Ren Healing:***

www.ocihealingresearchfoundation.org

www.tomtam.com

www.tongrenstation.com



The results of the first medical study of Tong
Ren Healing can be found at:

www.ocihealingresearchfoundation.org

The Tong Ren Healing Method:
A Survey Study by
Amy M. Sullivan, Ed.D
Susan Bauer-Wu, PhD, RN
And Michael Miovic, MD



"We give up. What can you do to this lazy cat?"

"We never give up any case. Let's try this new method for healing."

Disclaimer

Consult with a licensed medical doctor for diagnoses. Tong Ren practitioners do not diagnose.