



Hi!

I admire how much time you've spent on your site to make sure it includes all kinds of information that supports those who are affected by cancer. My aunt just entered remission, and I've learned so much about what a physical and emotional toll cancer takes from speaking to her about her experience.

I'm not sure if you're currently making updates to this page (<http://www.tongrenhealing.ca/>) or any other cancer resource pages on your site, but if you are and you need some new information to list, I've bookmarked a lot of articles that helped me wrap my head around my aunt's diagnosis. You're welcome to use them if you would like to (see below). Again, I admire everything you've already done to support people suffering from this terrible illness!

Thank you!  
April

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**[Managing the Side Effects of Radiation](https://www.rogelcancercenter.org/living-with-cancer/mind-body-and-side-effects/pharmacists-corner/managing-side-effects-radiation)**

<https://www.rogelcancercenter.org/living-with-cancer/mind-body-and-side-effects/pharmacists-corner/managing-side-effects-radiation>

**[Cancer Anxiety](https://www.emedicinehealth.com/cancer_anxiety/article_em.htm)**

[https://www.emedicinehealth.com/cancer\\_anxiety/article\\_em.htm](https://www.emedicinehealth.com/cancer_anxiety/article_em.htm)

**[The Emotional and Psychological Effects of Cancer](https://www.angieslist.com/articles/emotional-and-psychological-effects-cancer.htm)**

<https://www.angieslist.com/articles/emotional-and-psychological-effects-cancer.htm>

**[Tips for Managing Stress During Cancer Treatments](https://www.headcovers.com/blog/manage-stress-cancer-treatments/)**

<https://www.headcovers.com/blog/manage-stress-cancer-treatments/>

**[6 Ways You Can Fight Cancer-Related Fatigue](https://health.clevelandclinic.org/6-ways-you-can-fight-cancer-related-fatigue/)**

<https://health.clevelandclinic.org/6-ways-you-can-fight-cancer-related-fatigue/>

**[Eating Well During and After Your Cancer Treatment](https://www.mskcc.org/cancer-care/patient-education/eating-well-during-and-after-your-treatment)**

<https://www.mskcc.org/cancer-care/patient-education/eating-well-during-and-after-your-treatment>

**[How a Child Understands Cancer](https://www.cancer.net/coping-with-cancer/talking-with-family-and-friends/how-child-understands-cancer)**

<https://www.cancer.net/coping-with-cancer/talking-with-family-and-friends/how-child-understands-cancer>