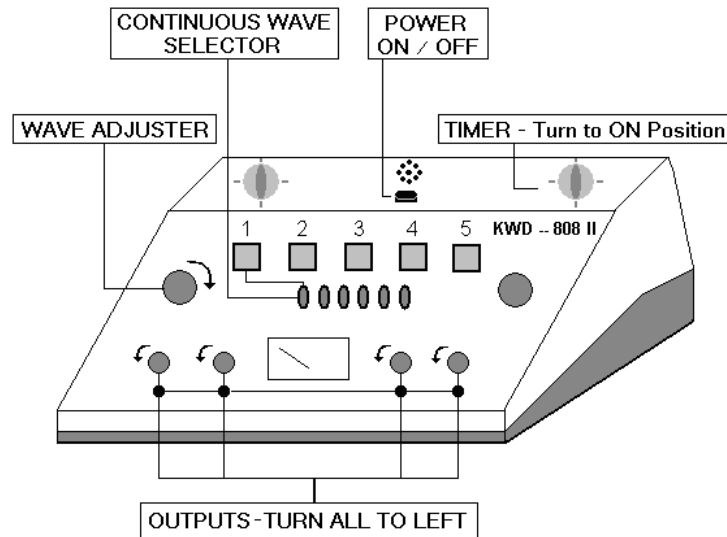


Instructions for using the TENS Machine for Tong Ren Treatments

The following is a diagram of the TENS machine we find to be the best that we have found. The model of the machine is the Great Wall Brand KWD-808 II.



Great Wall Brand - Multi Purpose Health Device

Equipment needed:

- Great Wall Brand TENS machine
- Wires from TENS machine
- Tong Ren Doll
- Pins or needles – any type of thin pins will work; we have found map pins work very well
- Lazy Bum Healing Guide for reference (optional)

Instructions:

1. Insert pins into doll for treatment points – refer to Lazy Bum Healing Guide for reference
2. Connect wires into output channels
3. Attach clips from wires onto the pins
4. Adjust Timer to either:
 - a. On position – continuously on until manually turned off. This is located at “5 o’clock” on the dial and can be done so by turning the dial in a counter clockwise direction. The symbol on the machine is a circle with a dot
 - b. Set timer to set amount of time.
5. Press in the [Continuous wave selector] – this is indicated with a 1 on the machine and is the far left button under the green indicator panels
6. Turn all 4 [Output Dials] to the off position, all the way to the left, and make sure it clicks indicating it is off. When these dials are in the on position, the machine may not work properly.
7. Press the [Power] button down to on position. At this point you should hear the machine working. It should be making a clicking or buzzing noise.
8. Adjust [Wave Adjustment] knob to desired frequency
 - a. When using this on patients for the first time, start off by using a low frequency. When used on a high frequency, sometimes the chi sensation is too strong and the patient may feel dizzy or overwhelmed. After 30 seconds, set the wave adjustment knob to the far right for the higher frequency. This is generally best for the treatment.